

FOR BETTER TOMORROWS BODYWORK, LLC

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email address: \_\_\_\_\_ Referred By: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone number: \_\_\_\_\_

- 1. Have you ever had a professional massage? Yes No
- 2. Are you taking any medications or supplements? Yes No Please list: \_\_\_\_\_

3. Have you had/do you have any of the following?

- |  |   |
|--|---|
| <input type="checkbox"/> AIDS/HIV positive                         | <input type="checkbox"/> Herniated disc                         |
| <input type="checkbox"/> Anemia                                    | <input type="checkbox"/> High blood pressure                    |
| <input type="checkbox"/> Arthritis                                 | <input type="checkbox"/> Jaw pain/injury                        |
| <input type="checkbox"/> Back/neck discomfort/injury               | <input type="checkbox"/> Muscle cramping (chronic)              |
| <input type="checkbox"/> Blood clotting disorder                   | <input type="checkbox"/> Nausea (chronic)                       |
| <input type="checkbox"/> Cancer/malignant condition                | <input type="checkbox"/> Neurological conditions                |
| <input type="checkbox"/> Car accidents                             | <input type="checkbox"/> Numbness/tingling                      |
| <input type="checkbox"/> Circulatory/heart problems                | <input type="checkbox"/> Recent surgeries                       |
| <input type="checkbox"/> COVID-19 exposure/symptoms (last 10 days) | <input type="checkbox"/> Respiratory problems                   |
| <input type="checkbox"/> Diabetes                                  | <input type="checkbox"/> Skin conditions/irritations/lumps      |
| <input type="checkbox"/> Digestive problems                        | <input type="checkbox"/> TB/other communicable diseases         |
| <input type="checkbox"/> Dislocations/sprains/strains              | <input type="checkbox"/> Ulcers                                 |
| <input type="checkbox"/> Epilepsy                                  | <input type="checkbox"/> Varicose veins                         |
| <input type="checkbox"/> Fainting/dizziness                        | <input type="checkbox"/> Allergies: _____                       |
| <input type="checkbox"/> Fractures/bone trauma                     | <input type="checkbox"/> Are you pregnant?                      |
| <input type="checkbox"/> Headaches/migraines (chronic)             | <input type="checkbox"/> Have you had alcohol in the last hour? |

Do you have any other medical conditions or allergies that your massage therapist should be aware of before giving you a massage? \_\_\_\_\_

I understand that massage is not a substitute for medical examinations and/or diagnosis. It is recommended that I see a physician for any physical ailments that I may have. I understand the need for the massage therapist to be aware of existing physical conditions; therefore, I have stated all my known conditions on the intake form and will update the therapist of changing conditions, and I understand that there will be no liability on the therapists part should I forget to do so. I also understand that illicit or sexual suggestive behavior, remarks, or advances made by myself will result in immediate termination of the session, and I will be liable for payment of the full scheduled appointment. Should I have to cancel my appointment for any reason, I agree to give the therapist a 24-hour notice. No shows and cancellations with less than 24 hours notice are subject to a cancellation fee of 50% of the scheduled appointment which is to be paid before future appointments can be scheduled. I understand that it is my responsibility to be on time for my appointment, and if I am late, the therapist will end the massage at the original ending time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_